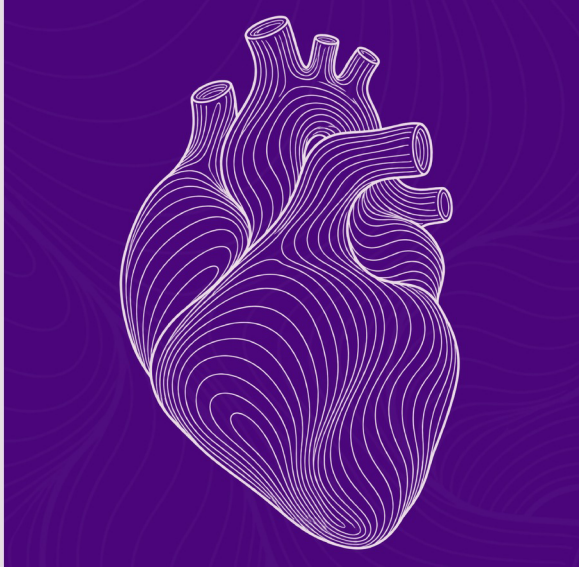
Lithuanian Society of Cardiology

ANNUAL CONFERENCE OF THE

Lithuanian Society of Cardiology

3 December 2026 Radisson Hotel Kaunas



PROGRAMME

Thursday, 3 December 2026 · Radisson Hotel Kaunas, K. Donelaičio 27, Kaunas · Conference language: English

08:30–10:00	**REGISTRATION**
09:00–10:00	**BREAKFAST WITH EXPERTS** · Beta Hall · Session in Lithuanian
	Topic: **Familial hypercholesterolaemia in Lithuania** Moderators: Olivija Dobilienė (Kaunas, Lithuania) and Urtė Aliošaitienė (Vilnius, Lithuania)
09:00–10:00 60 min	**Finding the 11,000: a national pathway for familial hypercholesterolaemia** Jurgita Plisienė (Kaunas, Lithuania), Rimantė Čerkauskienė (Vilnius, Lithuania), Sigita Glaveckaitė (Vilnius, Lithuania), Olivija Dobilienė (Kaunas, Lithuania), Urtė Aliošaitienė (Vilnius, Lithuania)
10:00–11:30	**PLENARY SESSION** · Alpha Hall
	Topic: **Cardiovascular health in Europe: from policy to practice** Moderators: Cecilia Linde (Stockholm, Sweden) and Tomas Lapinskas (Kaunas, Lithuania)
10:00–10:15 15 min	**Conference opening: the updated national plan and Heart Defence Year 2027** Tomas Lapinskas, President of the Lithuanian Society of Cardiology (Kaunas, Lithuania)
10:15–10:30 15 min	**Know your numbers: screening and the EU Safe Hearts Plan** Cecilia Linde, President of the ESC (Stockholm, Sweden)
10:30–10:45 15 min	**Hypertension treatment today: current challenges and the road to the next ESH guidelines** Andrzej Januszewicz, President of the ESH (Warsaw, Poland)
10:45–11:05 20 min	**Early escalation of lipid-lowering therapy: from guidelines to practice** Zlatko Fras (Ljubljana, Slovenia) · Industry-supported lecture – Novartis
11:05–11:25 20 min	**Staying out of crisis: preventing worsening heart failure and future hospitalisations** Kārlis Trušinskis (Riga, Latvia)
11:25–11:30	**Cardiologist of the Year** · Announcement and award
11:30–12:00	**COFFEE BREAK**
12:00–13:00	**SCIENTIFIC SESSION I** · Alpha Hall
	Topic: **From prevention to rehabilitation** Moderators: Eglė Tamulevičiūtė-Prascienė (Kaunas, Lithuania) and Jolita Badarienė (Vilnius, Lithuania)
12:00–12:20 20 min	**Beyond three drugs: resistant hypertension and new therapies** Reinhold Kreutz (Berlin, Germany)

12:20–12:40 20 min	**Before the first heart attack: lessons from VESALIUS-CV** Gaetano Maria De Ferrari (Turin, Italy) · Industry-supported lecture – Amgen
12:40–13:00 20 min	**Heart, body and mind: the first ESC Guidelines on cardiac rehabilitation** Dominique Hansen (Hasselt, Belgium)
13:00–14:00	**LUNCH**
14:00–15:20	**SCIENTIFIC SESSION II** · Alpha Hall · Parallel with the **Practical Session**
Topic: **Heart failure and cardiomyopathies: from recognition to therapy** Moderators: Eglė Ereminienė (Kaunas, Lithuania) and Sigita Glaveckaitė (Vilnius, Lithuania)	
14:00–14:20 20 min	**Beyond the echo: imaging infiltrative and inflammatory heart disease** Christine Jellis (Cleveland, United States)
14:20–14:40 20 min	**Transthyretin amyloid cardiomyopathy: from red flags to diagnosis and treatment** Gregor Zemljič (Ljubljana, Slovenia)
14:40–15:00 20 min	**HFpEF: cardio-oncology's missing diagnosis** Michal Laufer-Perl (Tel Aviv, Israel)
15:00–15:20 20 min	**What's new in clinical electrophysiology 2026: evolving ablation and device therapy** Paari Dominic (Iowa City, United States)
14:00–15:20	**PRACTICAL SESSION** · Beta Hall · Parallel with **Scientific Session II**
Topic: **Cardiovascular imaging: from bedside to expertise** Moderators: Jolanta Justina Vaškelytė (Kaunas, Lithuania) and Ieva Kažukauskienė (Klaipėda, Lithuania)	
14:00–14:40 40 min	**State-of-the-art tricuspid valve imaging** Anastasia Vamvakidou (London, United Kingdom) · Industry-supported workshop – Philips
14:40–15:20 40 min	**Handheld cardiac and vascular ultrasound in daily practice** Radosław Nowak (Gdańsk, Poland) · Industry-supported workshop – GE Healthcare
15:20–16:00	**COFFEE BREAK**
16:00–17:00	**SCIENTIFIC SESSION III** · Alpha Hall
Topic: **Innovation and leadership in cardiology** Moderators: Diana Žaliaduonytė (Kaunas, Lithuania) and Rokas Šerpytis (Vilnius, Lithuania)	
16:00–16:20 20 min	**Sooner and softer: the new valve guidelines in practice** Wojciech Wojakowski (Katowice, Poland)
16:20–16:40 20 min	**Teaching the machine to read the heart: AI in cardiovascular medicine** Folkert W. Asselbergs (Amsterdam, the Netherlands)
16:40–17:00 20 min	**The human side of cardiology: leading with connection in a digital age** Christine Jellis (Cleveland, United States)
17:00–17:10	**CLOSING REMARKS** Tomas Lapinskas (Kaunas, Lithuania)
17:10–19:00	**CONFERENCE DINNER**

You are your heart's shield.